

IN PARTNERSHIP WITH



OPEN STUDIO/OPEN HOUSE



Set the price for your seat and enjoy a state of the art cycling experience.

*All proceeds benefit the Cadence Cycling Foundation

YOUR DONATION WILL IMPACT THE CADENCE CYCLING PROGRAM	
\$25 : One team bike pump	\$75 : Coaching for one practice
\$35 : One set of clipless pedals	\$200 : End of season trophies for entire team
\$50 : One team jersey	\$450 : Coaching for half a season

Seats available every half hour – individuals can reserve for up to 6 hours!

Reservations required: www.fluidcyclingmainline.com Questions: 484.580.6754

Fluid Cycling classes appeal to beginners, hard-core cyclists, and everyone in between collectively providing a truly unique and effective cycling experience. Unlike most indoor cycling studios, Fluid Cycling uses RealRyder® Fitness Bikes, the leader in indoor cycling that utilizes cutting edge Core-technology and forward motion video to provide the most realistic, challenging and fun indoor cycling experience in the world.

^{*} Cadence Cycling Foundation is a program of the Bicycle Coalition of Greater Philadelphia creating a cycle of transformation for our youth in the underserved communities of Philadelphia.